

ABSTERSION

Meaning: Abstersion refers to the act of refraining or abstaining from certain behaviors, substances, or thoughts.

1. Abstersion from certain foods can lead to healthier lifestyle choices.
2. The therapist recommended abstersion from negative thoughts during the healing process.
3. Her abstersion from social media allowed her to focus on personal growth.
4. The community emphasized the importance of abstersion from harmful substances.
5. Abstersion in the face of temptation requires strong willpower.
6. His abstersion from gossip made him a trusted confidant among friends.
7. The practice of abstersion can often enhance one's self-discipline and focus.
8. In some cultures, abstersion is seen as a pathway to spiritual enlightenment.
9. She felt a sense of freedom in her abstersion from material possessions.
10. The group's commitment to abstersion was evident during their retreat.

Source: sentences.whatistheurl.com

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