

ABSTEMIOUSNESS

Meaning: Abstemiousness is the practice of moderation and self-restraint, particularly in the consumption of food and drink.

1. Abstemiousness is often considered a virtue in many cultures that value moderation.
2. His abstemiousness at the dinner table impressed his friends, who indulged in excess.
3. Practicing abstemiousness can lead to a healthier lifestyle and improved well-being.
4. She admired his abstemiousness, as he always avoided overindulgence in food and drink.
5. Abstemiousness can sometimes be mistaken for asceticism, but the two are not synonymous.
6. In a world filled with temptation, abstemiousness can be a challenging yet rewarding practice.
7. The monk's abstemiousness reflected his commitment to a life of simplicity and focus.
8. Abstemiousness not only benefits the individual but can also set a positive example for others.
9. He approached life with a sense of abstemiousness, prioritizing quality over quantity.
10. Their abstemiousness during the holiday season allowed them to start the new year feeling refreshed.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/abstemiousness>